

KARUNYAVARSHAM CHRITABLE TRUST  
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## WORKING OF THE TRUST

*The less of sickness, the more of growth*

### NINETH ANNUAL WORKING REPORT 2021-22

Introduction the year 2021-22 was a not a favourable year for Karinyavarsham. Our projects were not running due to Covid -19 lock down. But due to the two epidemic/pandemic occurrences in Kerala--Neepa and KOVID 19-- our activity centre, Government Medical College Hospital was, either curtailed admission of Inpatients or completely closed for patients other than Kovid 19 patients. Similarly the repair work of Hospital Wards also affected the intake of patients. So our activities were affected seriously. Finally we have to close temporarily as per the advice of the Hospital authorities closed down the kitchen till the COVID 19 is over in Kerala.

Government Medical college hospital was a corona treatment centre in Ernakulam District, and our kitchen was working in the same Hospital Compound, so we could not continue there. We have an agreement with the Principal of the Government Medical College, Ernakulam, Kalamassery for running the kitchen for free supply of food to the patients. Our **Hospital without Hunger Project--** Our Kitchen in Govt. Medical college Hospital, Ernakulam, Kalamassery for providing free meals to the patients, was working till the 1st week of March, 2020 after that it was again opened in November, 2021 temporarily and worked for two months. It was again closed and reopened in January, 2022; but without cooking food. We purchased food from outside and distributed it to the patients. But the intake of inpatients was very limited.

**Hospital without Hunger project** was finally closed in March, 2022 as our kitchen area in Government Medical college Hospital was earmarked for Critical Care Ward of the Hospital and has to be demolished the kitchen building. Further Opening of the Project will be depending upon the availability of space in Hospital premises. Our services were well appreciated by the authorities and the patients.

**Our other activity – SAHAI - Integrated Palliative Home care Service for Cancer patients** was also affected. We had to stop the Home visit of patients in July 2021, as per the direction of the Director of the Cochin Cancer Research Centre, whose project is implementing by us in Ernakulam District, Kerala.

After that as per the request from Government General Hospital, Ernakulam, we shifted to that hospital and started Home care for Cancer Patients – **CAN-SAHAI** in Cochin Corporation Limits and

its suburbs. We care only the cancer Patients, who are registered their name for Palliative Home Care in General Hospital. Now the total number of patients comes to 135.

The services of the volunteers are worth mention here. We have a great salute to them for the selfless service rendered by them. Karunyarsham is always caring for hospitalized and bed ridden Cancer patients with special Care and Love. We provide doctor's consultation, Nursing Care Medical care and Aid etc.

During the year we could we conduct 100 Home visits (five months period) and visited 289 patients only. It was only because of the fact the Home visits were interrupted due to the Covid-19 pandemic. Necessary nursing care is provided to the Cancer Patients in their houses itself. In case they need further medical advice, which can be provided to them on the spot by contacting the doctor concerned in General Hospital. In addition, doctors will accompany us on many days. Even if the doctor is not with us we either will meet them along with the doctor or call the doctor from the patient's houses itself. We discuss the matter and the doctor will give necessary advice in the matter.

Guiding Principles of Karunyarsham:

Our Goal is: to relieve the patients from Pain and suffering by providing decent Care and support when they are in distress.

OUR MISSION: To feed the poor, care for the sick, and to provide means of Livelihood to sustain.

Our Vision: To help the patients to recover from their illness by way of care, nutritious food and medicines and make them fit to earn their livelihood and thereby participating in the nation building.

The advancement of the nation is depends upon the Health of the citizens. The year 2021-22, was not at all a good year for Karunyarsham. Frequent interruptions in movement of people due to Covid in the state, we could not improve our activities and the Project- HOSPITAL WITHOUT HUNGER- in Government Medical College Hospital, Ernakulam, Kalamassery, Kerala and also could not improve the activities of SAHAI -- Integrated Home care Programme for Cancer Patients and to the bed-ridden/old aged patients.

The support given to us by M/S K. Chittilappilly Foundation, M/S Cochin Shipyard , M/S Jindal foundation, Vincent De-Paul Society, Thrikkakara, Meals on Wheels, Bharat Mata College, Manorama Sales Corporation, Manav Jagriti Foundation etc. are remembered with thanks at this moment.

The HOSPITAL WITHOUT HUNGER: This year for seven months, we could not serve meals to the patients in the Government Medical College hospital as our kitchen could not open due to covid-19 lock down and for the remaining period we could serve meals; but the patients were less, compared previous years due to lack intake of inpatients.

Now we have no space for establishing a Kitchen for preparing meals to the patients so stopped the food supply for the time being (till we get a space for establishing a kitchen).

We now focus our attention for establishment of **PALLIATIVE CARE HOME CUM SHORT Stay Home.**

**Counselling Centre:**

**Athani:** counselling activities at this Centre are proceeding smoothly. But due to the lockdown, we could not open the office. As the space is rent free and the service of the counsellor is on voluntary basis, we have no expenses on this account.

**Resources:** On the Income side we received Rs1771657.00 towards donation and Rs.57033.00 as Interest and other income. Utilisation: Our major expenses are: 1. Hospital without Hunger (supply of free food) Rs.571,718.45 2. House Building aid: 1, 50,000.00 3. Palliative home care Rs.2, 62,354.88 4. Education aid Rs.1, 60,000.00 5. Bank charges Rs.967.45 6. Telephone & postage Rs.26845.71 7. Printing charges Rs.4761.00 8.Rates & Taxes Rs.421.00 9.Repairs and Maintenance Rs .20725.00 10. Professional Membership Rs.50, 000.00(un audited balances)

#### FUTURE PLANS:

1. **TO ESTABLISH A PALLIATIVE CARE HOME CUM SHORT STAY HOME FOR CANCER PATIENTS**
2. - KARUNYABHAVAN - near the Government Medical College Hospital, Ernakulam, Kalamassery; so that we can provide free Palliative Care and Short stay for the cancer patients, who come for treatment in Cochin Cancer Research Centre. The patients and their by standees, financially sound or not, need not stay in hospital/hotel for resting and minor treatments; but they can stay in the Short Stay Home along with their bystanders peacefully with food and necessary nursing care, relax and return by next day or two. In case of any necessity they can immediately go to nearby CCRC.
3. **Audit:** M/S P.T. Joy and Associates, Chartered Accountants is our Auditors. They are also doing all our Accounting and Auditing and Income Tax related works. We seek their advice in all financial and accounting matters. Their sincere and whole hearted service is always a help and encouragement for us. We sincerely thank Sri P.T. Joy L.L.B, ACA, DISA for his whole hearted support to Karunyavarsham.
4. **Our Advisors:** We sincerely express our thanks to Fr. George Kanamkudom our spiritual advisor, Dr. Sebastian Champappilly, our Legal Advisor and Dr. Narayanan, our Medical Advisor who are advising us on various matters relating to various aspects of the working of the Trust.
5. Most of our supporters are supporting us not on our request; but on their own commitment. Their Trust on us gives encouragement for moving ahead. Actually they are the back bone of KARUNYAVARSHAM.

We are expecting your Prayers and support during the days to come.

We look behind with Thanks & Pride We look forward with prayers & Hope

BE KIND ENOUGH TO SHARE AND CARE

*Managing Trustee*