







ANNUAL REPORT 2024

Karunyavarsham Charitable Trust
Reg. No. 122/IV/2013

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Acknowledgement

We would like to express our heartfelt gratitude to all those who have supported Karunyavarsham Charitable Trust, Kalamassery, throughout the year. Your unwavering commitment, generosity, and compassion have been instrumental in enabling us to provide essential palliative home care and support to those in need. We are deeply thankful to our dedicated staff, volunteers, donors, and partner organizations, whose combined efforts have made a significant impact on the lives of the vulnerable and underserved in our community.

We also extend our sincere appreciation to the local authorities, Government bodies, and healthcare institutions like Government General Hospital, Ernakulam for their invaluable collaboration and support in our mission. Together, we have been able to make a difference, offering hope, comfort, and a better quality of life to those who need it most.

As we look ahead, we remain committed to our mission and are grateful for the continued trust and support of our community. Thank you for being an essential part of our journey.

Sincerely,

Karunyavarsham Charitable Trust



Introduction

● ABOUT THE TRUST

A registered Trust, which is apolitical and non-religious serving the needy without any discrimination. Registered in the year 2013, holds 12 A and 80 G status.

● HISTORY OF THE ORGANISATION

The initiative was born out of a visit to the Medical College Hospital in Ernakulam, where the sight of numerous hungry individuals deeply moved us. What began as a humble effort to provide meals on Sundays soon became a formalized program, aimed at reaching and supporting hundreds of people in need within the community.

● MISSION

Feeding the poor, caring for the sick, and providing means of livelihood to sustain.

● VISION

help the patients to recover from their illness by way of nutritious food and medicines and make them fit to earn their livelihood and thereby participating in the nation Building.





KEY INITIATIVES

Hospitals without hunger

2011

Care for people with Paraplegia

2015

Care for the cancer patients

2018

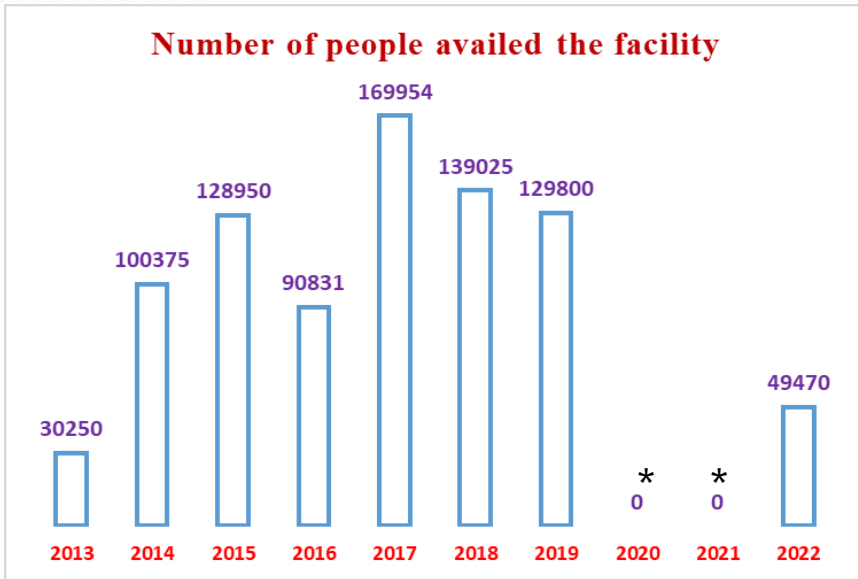
Palliative Home Care

2018

Integrated Home Care Programme

2018

Number of people availed the facility



* Pandemic

Hospital without hunger



Since 2011, the trust has been providing food to patients and their bystanders, continuing this service until 2022, except for a two-year hiatus during the pandemic. The program will continue once the new CCRC becomes operational.

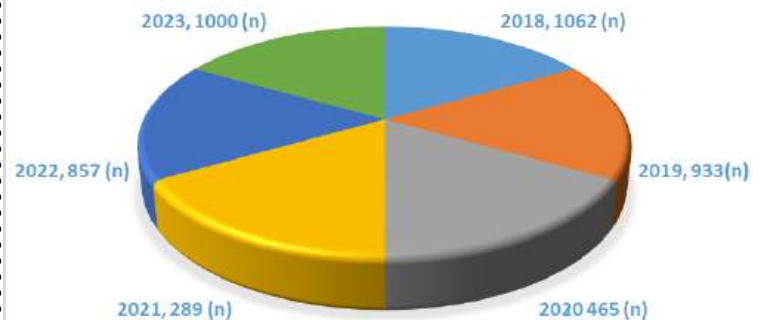
Care for people with Paraplegia



The life of people with (bedridden) paraplegia needs more care and support. The trust extended home care services to more than 6000 patients. Being an instrument for their well-being is considered a huge responsibility

Care for the cancer patients

CANCER CARE OVER THE YEARS (2018-2023)



Cancer is one of the most degenerating and chronic conditions and care for the affected is vital in numerous ways. The trust has started the services for the cancer affected and provided care at homes and at hospitals. So far the trust served more than 4600 people directly.

Palliative Care



Palliative care is provided to individuals in homes and hospitals. The services include medical help, nursing care, and psychosocial support like counselling and therapy.

Integrated home-based care

The integrated home-based care is provided to the cancer-affected, chronically ill and other bedridden individuals and their family members. Psychosocial and Spiritual support is also part of it.





ACTIVITIES IN THE YEAR 2023-24

WE WORK WITH THE HARD REALITIES OF LIFE

CANCER CARE

The trust is dedicated to providing comprehensive oncology care, focusing on supporting individuals affected by cancer during and after their treatment. One of the key services offered by the trust is providing care and assistance to cancer patients throughout their journey. The trust collaborates with various organizations and government hospitals to ensure that these essential services reach the most vulnerable and underserved members of our society. By extending this care to those in greatest need, the trust helps to improve the quality of life of cancer patients and their families, offering them hope, support, and a better chance at recovery.

PATIENT CARE AND SUPPORT

Chronically ill patients and those with various forms of diseases are provided with medication, nursing care, and facilities to ensure adherence to treatment, especially for individuals who require long-term care. These comprehensive services are designed to support patients in managing their conditions effectively, improving their overall quality of life, and ensuring that they receive continuous and appropriate care throughout their treatment journey.

PALLIATIVE CARE - 'SAHAI'

For 2023-24, the trust continues its SAHAI initiative, offering specialized care to cancer patients undergoing treatment at the Cochin Cancer Care and Research Center (CCRC) in Kalamassery, Ernakulam and Government General Hospital, Ernakulam. SAHAI provides comprehensive, compassionate care directly to patients ensuring they receive medical, nursing, and emotional support tailored to their unique needs. This program promotes treatment adherence, reduces hospital visits, and enhances comfort and quality of life for patients and their families.

HOME CARE - 'CAN-SAHAI'

The focus of this activity is to offer palliative home care within Cochin Municipal Corporation limits and nearby Municipal areas. A team of trained nurses, volunteers, and a doctor visit each patient's home twice a month, providing free nursing care, medical support, and counselling. Additionally, we provide ration kits to needy cancer patients on special occasions.

This reduces the care burden of families and enhances access to necessary treatment and medical checkups for the patients at their residences. The services are integrated to ensure their bio-psycho-social aspects of life. Living gets tough for people when affected by chronic cancer conditions, especially at the later stages of the disease. The care they need during this time is made available at their doorstep by the professionals in the trust.

WELLBEING BEYOND SURVIVAL

Numerous activities, such as forming support groups, organizing picnics, distributing gift packets for special occasions, and hosting gatherings and celebrations, are organized to make life happier during and after the treatment period. A fulfilling life is the gift we can provide to people at the end of their care, so the trust organizes each activity with a specific purpose. These efforts enhance the quality of life for people in palliative care, providing them with an integrated approach to their care.



Impact Created



Touched the lives of ...



- ***The trust could ensure that more than 8 lakh (837445) hungry were fed in the hospitals and in the cancer care homes.***
- ***More than 6000 individuals who were affected with paraplegia were served at their residence, services that impacted people directly and the care takers.***
- ***Enhanced quality of life of cancer patients (more than 6000)***
- ***Home-based Palliative care for the most needy.***
- ***Integration of treatment, psychosocial and spiritual care enhanced wellbeing***



The trust people and organisations place on us



A name that synonyms compassionate care



■ ■
**The way
forward**



It is a journey of thousand miles ■ ■

PLAN FOR THE FUTURE

Economically vulnerable individuals face numerous challenges alongside their illnesses, with treatment adherence being a primary concern. Often, they struggle to access medical care due to the need for accommodation near treatment centers or the burden of daily travel. As a result, many are unable to consistently seek the care they need.

We plan to establish a Palliative Care Home and Short Stay Home for cancer patients receiving treatment at the Government Medical College, Cochin Cancer Research Centre, Kalamassery, and nearby hospitals. Located within two kilometers of the Medical College Hospital, this facility will provide accommodation for cancer patients requiring palliative care, along with one bystander. The Short Stay Home will also accommodate patients and a bystander during their treatment period.

Join us in our mission to ensure that no one faces the challenges of illness alone. Together, we can provide vital care and support to the most vulnerable, transforming lives and giving hope where it's needed most.



You are a partner in
transforming lives and
giving hope



Requirements



Contact us to get involved

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